

Dear Parents and Guardians,

We are excited to have your sailor with us, whether returning to continue building on their skills, or just starting their journey. The next two weeks will be filled with lots of on-the-water skill building as well as fun games and activities designed to enhance your child's sailing learning.

Please ensure you go over the following forms and complete them prior to the first day of camp:

- 1) Contact and Emergency Medical Information
- 2) Code of Conduct
- 3) Disciplinary Process
- 4) MBSC Privacy Notice and Sports Injury Waiver

These forms may be returned digitally: <u>sailingschool@midlandbaysailingclub.com</u> or in paper form on your first day.

Plan to join us for the awards ceremony, where your sailor's progress towards achieving their level is celebrated both formally and with a "fun" award. To make each day run smoothly and safely, please ensure your child:

• Arrives at 9 am and is picked up by 4 pm, and brings the following (see separate document for details on "Equipping Your Child for Sailing"):

- ✓ A brightly coloured Coast Guard certified lifejacket with WHISTLE attached.
- ✓ A bathing suit and towel (preferably worn to camp to speed up getting on the water).
- ✓ Sunscreen pre-applied and bring extra so they can reapply as necessary.
- ✓ A hat and sunglasses (you may wish to put a floatie on the glasses, as students do often end up in the water). The hat must be worn at all times when outdoors.
- ✓ A clearly marked lunch bag. In an effort to keep the wasps at bay, all garbage will be sent home.
- ✓ Water shoes, or other closed toed shoes for the boats and other shoes for on-land (no flip flops). Shoes to be worn at all times.
- ✓ An extra set of clothing (including warm layers).
- ✓ Lots of drinking water.

We look forward to helping your child to have an excellent experience with us at MBSC. If you have any questions, comments or concerns, please don't hesitate to speak with our Head Instructor, or myself. Fair Winds,

Bill Goman

Midland Bay Sailing Club Director sailingschooldirector@midlandbaysailingclub.com